

# The Partner.Co 84-Day Metabolic Reset

A comprehensive protocol to reprogram your metabolism, reduce cellular toxicity, and achieve lasting transformation.



# Redefining the Weight Loss Problem

Obesity is not simply a math problem of "calories in versus calories out." It is a state of chronic inflammation and hormonal imbalance.



## Visceral Fat Accumulation:

Functions as an active organ that generates insulin resistance.



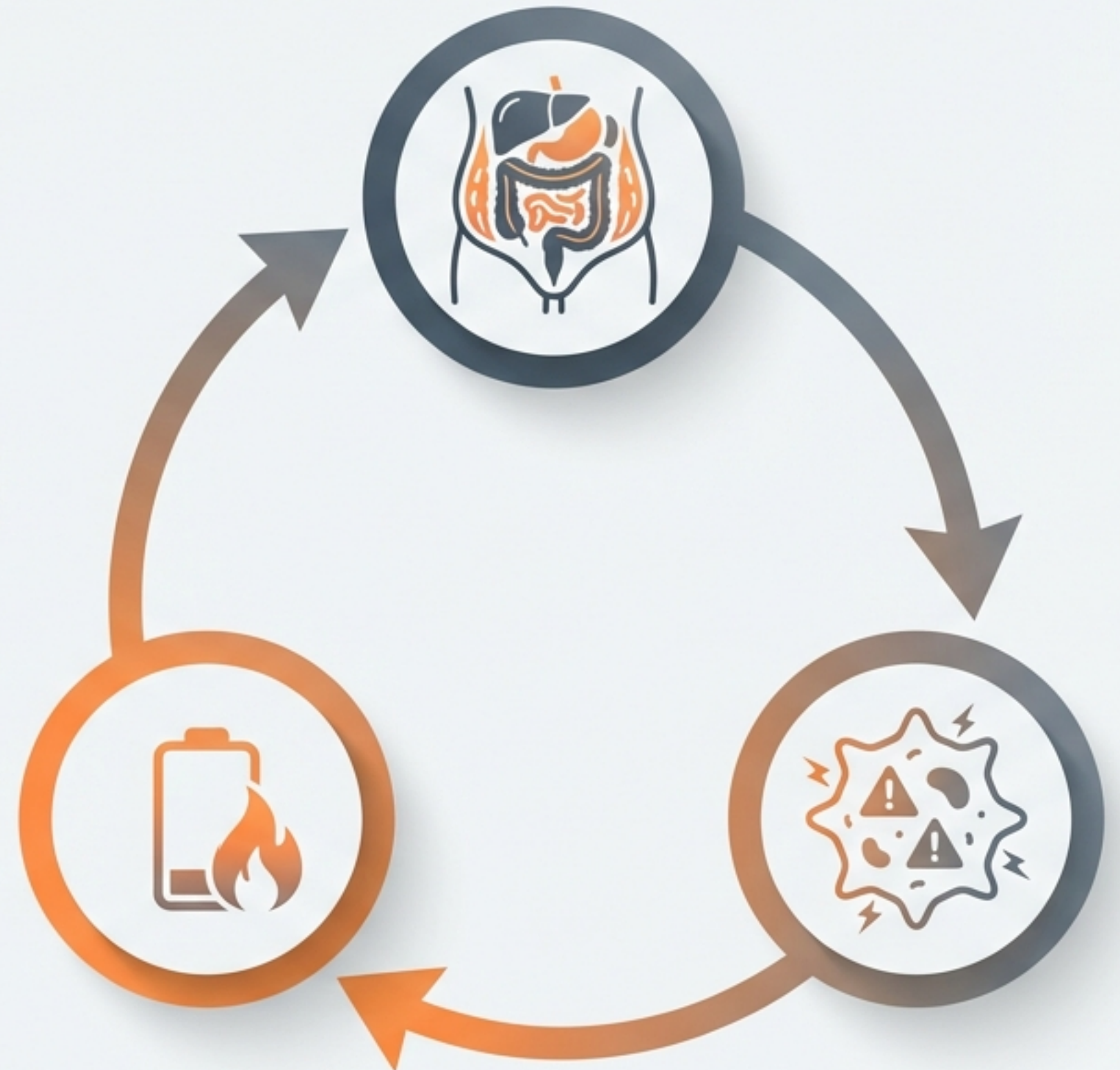
## Cellular Toxicity:

Environmental and dietary toxins get trapped in fat cells, stalling metabolism.



## Hormonal Burnout:

Spiking cortisol and uneven blood sugar levels force the body to store rather than burn.





# 24/7 Metabolic Support

Two unique, 100% natural, gluten-free liquid blends designed to fit easily into an on-the-go lifestyle.



## Day Drops

Taken pre-meal to increase feelings of satiety, slow carbohydrate absorption, and boost daytime metabolism. (Features Green Tea Extract, White Kidney Bean, Cacao Bean).



## Night Drops

Taken before bed to lower cortisol and maximize sleep. Features key amino acids (L-theanine, L-glutamine) and adaptogenic herbs (Cordyceps, Holy Basil) to promote deep restfulness and calm.

# Nutrient-Dense Cellular Fuel



## PureNourish

A high-protein, plant-based shake featuring pea protein, 15 essential vitamins, and natural enzymes. Delivers 25% of daily recommended fiber. (Zero soy, dairy, or artificial flavors).

## Power Boost

Formulated with L-glutamine, BCAAs, and medium-chain triglycerides (MCTs) from coconut oil to reduce fatigue and support energy-yielding metabolism.

## Beauty Boost

Formulated with an Electrolyte blend, Biotin, Aquamin™ red seaweed extract, and papaya to support hair, skin, and nail health during rapid weight loss.

# Targeted Metabolic Enhancers



## Carboniix

A purifying complex featuring activated charcoal to effectively detoxify heavy metals and draw out systemic toxins.



## GliControl

Dedicated metabolic support designed to stabilize blood sugar levels and prevent insulin spikes.



## AbVantage

Targeted support for intestinal health and the optimization of muscle-to-fat body composition.



## Giving Greens

2 lbs of whole-food veggies, sprouted-seed nutrition, and digestive enzymes in every two scoops. Maximizes sulforaphane intake for powerful nourishment.



# The Low-Glycemic Fuel Matrix

The protocol requires real, nutrient-dense food to operate effectively.

## Approved Fuel



- **Proteins:** Chicken, fish, eggs, tofu.
- **Veggies:** Broccoli, kale, spinach, cucumber, zucchini.
- **Healthy Fats:** Olive oil, avocado, walnuts.
- **Low-Sugar Fruits:** Strawberries,
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## Toxins to Avoid

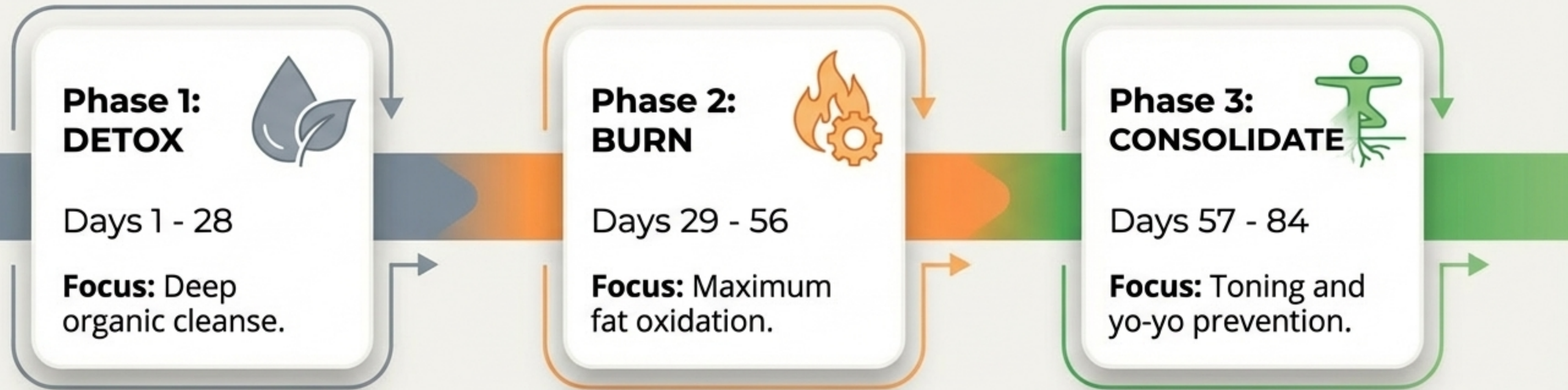


**Refined sugars, white flours, and trans fats.**



# The 84-Day Reprogramming Blueprint

A carefully sequenced, three-phase timeline designed to move your body from toxic retention to a permanently optimized metabolic state.



# Phase 1: Deep Organic Cleanse

## Days 1 - 28

The first 28 days are entirely focused on eliminating fluid retention, flushing out heavy metals, and reversing systemic inflammation.



### Active Arsenal



**Carboniix** is deployed for rapid toxin removal, while **Slenderiiz** Day & Night drops take immediate control of appetite and lower cortisol.



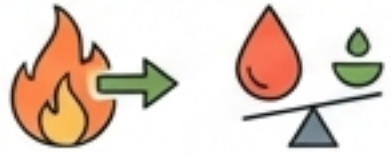
### Expected Results

Participants typically feel lighter, experience drastically reduced bloating, and see an initial rapid shift in weight as the body lets go of inflammatory retention.

# Phase 2: Maximum Fat Oxidation

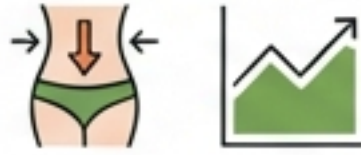
**Days 29 - 56**

With cellular toxins cleared, the metabolism successfully shifts from storing excess energy to burning stored visceral fat for its primary fuel.



## Active Arsenal

PureNourish is utilized as a precision meal replacement for caloric control without sacrificing nutrient density. GliControl operates in the background to stabilize blood sugar and prevent fat-storing insulin spikes.



## Expected Results

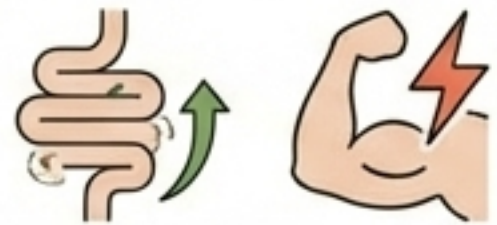
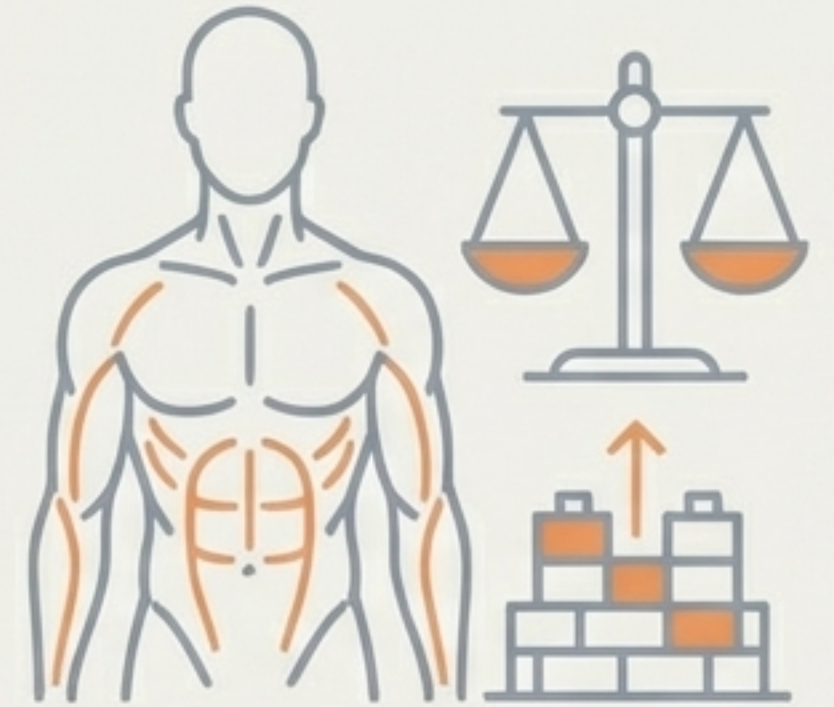
Consistent, visible fat loss and a stabilization of daily energy levels without afternoon crashes.



# Phase 3: Metabolic Consolidation

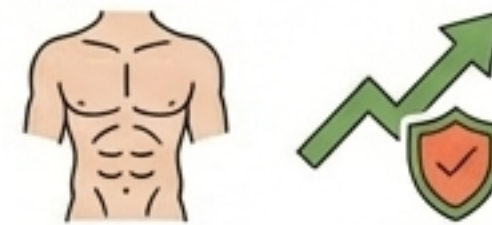
Days 57 - 84

Rebuilding your body composition and permanently locking in your newly optimized metabolic rate. This phase ensures the results stay.



## Active Arsenal

**AbVantage** is introduced to optimize gut health and improve the muscle-to-fat ratio. **Power Boost** provides essential BCAAs to aid in muscle recovery and toning.



## Expected Results

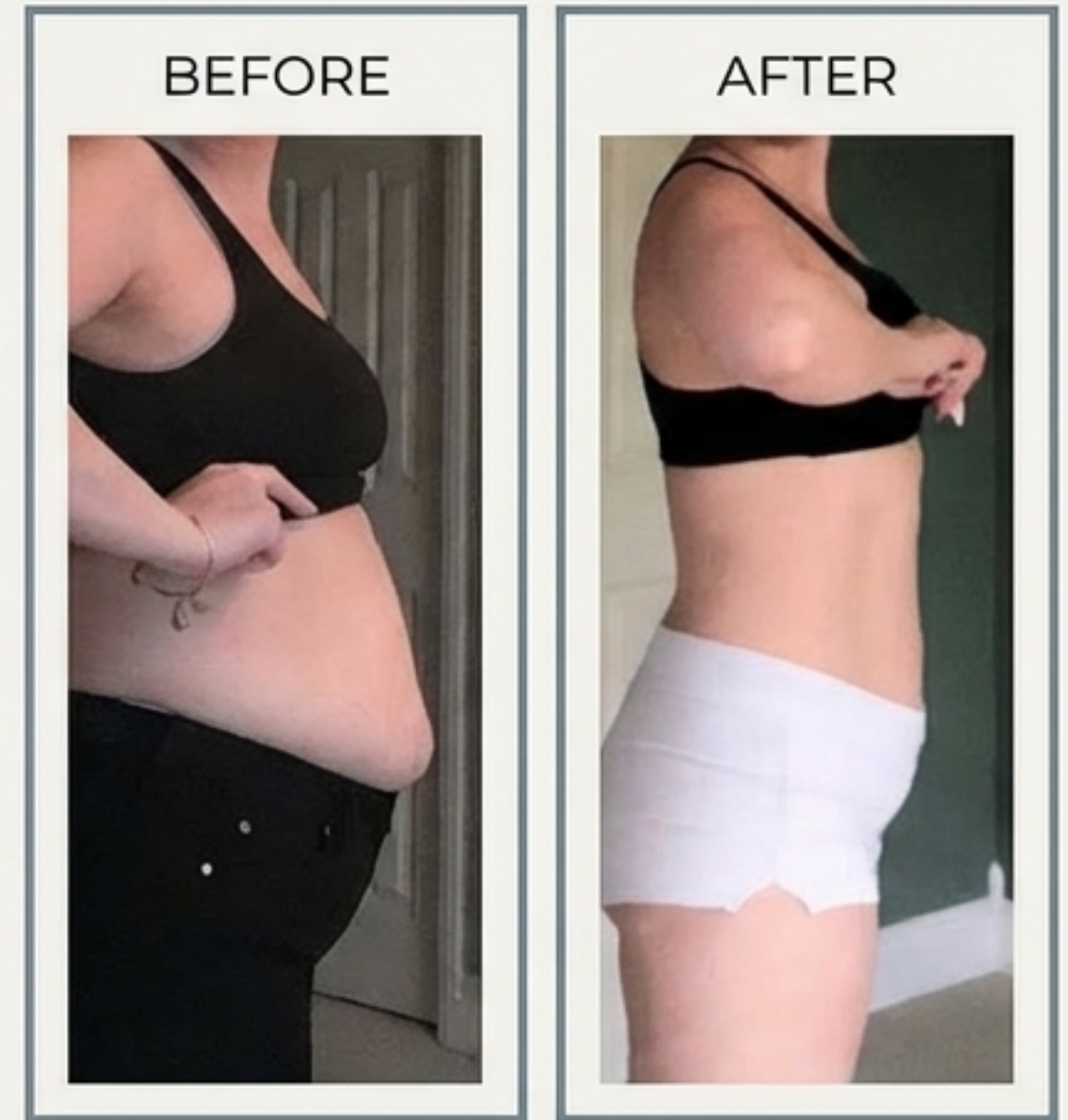
A sculpted, toned physique and a resilient metabolism resistant to the "yo-yo" rebound effect.

Scientifically Validated Results

**Average loss of  
5.4 to 6.8  
kilograms in just  
28 days.**

The proof is in the data. A dedicated consumer study revealed dramatic shifts in body composition within just the first phase of the protocol.

*\*Disclaimer: Results may vary depending on adherence to the Slenderiiz programme, which includes diet and exercise.*





# Beyond the Scale: A Holistic Shift

The ultimate outcome of the 84-Day Protocol is a highly efficient, energized, and vibrant biological system.



## Drastic Energy Increase

Waking up refreshed without relying on caffeine.



## Food Anxiety Control

Complete freedom from intense sugar cravings.



## Optimized Digestion

A balanced, quiet gut free from heavy bloating.



## Enhanced Mental Clarity

Sharper focus driven by stabilized blood sugar.

# Begin Your 84-Day Journey

Your metabolism can be re-educated. The premium tools, the precise low-glycemic fuel, and the proven blueprint are ready. All that is required is your commitment to Day One.



- ✓ Select your Total Transformation Pack.
- ✓ Connect with your Partner.Co representative to map out your Start Date.